



Relax ~ Renew ~ Unwind

Escape from the daily stresses of life. The Body Shoppe Spa offers an array of services to put your mind, body, and spirit on a path toward total relaxation.

1730 George Washington Memorial Hwy.
Yorktown, VA 23693
(757) 596-4VIP (596-4847)
www.BodyShoppeSpa.com



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Spa Parties

~ Contact our spa coordinator for details ~

Why meet your friends for cocktails only to feel drained the next day? Instead, relax and renew your spirit with a fresh approach to friendship.

Private spa parties bring people together in a soothing environment that reawakens the spirit while rejuvenating the senses.

Soothing sounds, music and scents invite you to relax and savor the moment.

Our day spa services are a wonderful way to reconnect with yourself and others.



At the Body Shoppe Spa, we pride ourselves in hosting unique and memorable events.

Food and refreshments can be arranged by our Latte Café.

Our on site café offers a full menu of specialty coffees, smoothies, snacks lunches and party platters to enhance your relaxing spa experience.

Tanning Services

Enjoy our luxury super beds equipped with personal air conditioners and stereos or CD players in each bed.



Single Session	\$7.00
5 Sessions	\$30.00
10 Sessions	\$55.00

Tanning Bed Packages

Unlimited Monthly Package	\$60.00
(No Co-Pay For Stand-up or Super Beds)	
Monthly Package	\$22.95
(\$3 Co-Pay Per Session)	

“Sunless” Tropix Tan

The **Body Shoppe Spa** proudly uses the most realistic airbrush tanning product for that “just-off-the-beach” natural color you’ve experienced. It is guaranteed to bring complete satisfaction.

Tropix Tan Duo Package

\$45.00 - Includes 2 full body treatments

Full Body	\$25.00
Hand & Face Only	\$15.00
Premiere Package	\$180.00
8 Full-Body Sessions	
Deluxe Package	\$90.00
4 full body sessions	
Refresher Package	\$55.00
4 hand & face sessions	
Mix & Match	\$75.00
2 full body & 2 hand/face sessions	

Nail Treatments

Our Hands & Feet are in constant use throughout our lives. Regular pedicures and manicures at the Body Shoppe Spa are an excellent treatment for men and women.

Pampering is not a luxury, it's a necessity.

The Body Shoppe Spa maintains very high sanitation standards.

Natural Nail Manicures

Sports	\$20.00
Classic	\$25.00
French	\$30.00
Spa (with paraffin)	\$35.00
Deluxe Spa	\$40.00

• Enjoy extra massage with a refreshing marine masque finishing with a paraffin dip.

Natural Nail Pedicures

You may request our jetted or non-jetted tubs

Men's Sports	\$35.00
Classic	\$40.00
French	\$45.00
Spa (with paraffin)	\$50.00
Deluxe Spa	\$55.00

• Enjoy extra massage with a refreshing marine masque finishing with a paraffin dip.

Spa Manicure & Spa Pedicure

\$70.00

~Hot, Hot, Hot ~

A deeply relaxing hot stone pedicure

\$65.00

Ala Carté

Hands and Arm Treatment	\$10.00
Reflexology	\$15.00
Extra Foot / Calf Massage	\$10.00
Paraffin	\$12.00
Toe Waxing	starting at \$5.00

Immaculate grooming for open-toed shoes

Policies

Reservations

All appointments valued at \$100 or more will require a 50% deposit or gift certificate number to schedule. Deposits are required to schedule all spa services on the weekends due to high demand.

Bridal Parties and Groups

Our spa is able to accommodate large parties such as weddings, birthdays and office groups. Please see our Spa Coordinator for eligibility for group discounts. All group reservations must be secured with a 50% down payment or gift certificate number.

Appointment Cancellations/Changes

In order to accommodate your requests, we require a 24 hour notice for an individual service and 72 hours for groups or multiple service reservations. Failure to cancel within specified time will result in forfeiture of deposit.

Children

To respect the serenity of all of our clients, we ask that all children remain accompanied by an adult while you receive services.

Wish List & Specials

Please feel free to sign up for future specials on our website. You may also send a cute hint to a loved one through our wish list at: www.BodyShoppeSpa.com

Hours of Operation

Monday - Friday 9 a.m. - 9 p.m.

Saturday 9 a.m. - 5 p.m.

Sunday 12 p.m. - 5 p.m.

*Gift Certificates are available for all services
or dollar denominations*

Cash/Checks/Visa/Mastercard/Discover/Amex are gladly accepted.

Prices are subject to change

Spa Getaways

Spa Getaways include lunch at our Latte Café

- Relax**..... \$295.00
Includes a sixty minute European Spa Facial with an Eye Contour Treatment, a 90 minute Swedish Massage, Spa Manicure and Spa Pedicure, Shampoo and Blow-dry.
- Renew**..... \$275.00
A one hour Swedish Massage, Spa Manicure and Spa Pedicure followed by Haircut with an Accent Color and a Brow Wax, finishing with a Make-up Consultation and Application.
- Unwind**..... \$250.00
A luxurious sixty-minute European Spa Facial, followed by a ninety minute Hot Stone Massage and a Deluxe Pedicure.
- Pampered Princess**..... \$215.00
A 30 minute Facial with an Eye Contour Treatment, a one hour Swedish Massage, a Spa Manicure and Spa Pedicure.
- Gentleman's Journey**..... \$170.00
A Sports Pedicure for your tired feet followed by a one hour Swedish Massage, Rejuvenating Back Facial and an Aromatherapy Scalp Massage.
- Afternoon Escape**..... \$145.00
A one hour Swedish Massage followed by a Spa Manicure and Spa Pedicure.

Mini Spa Packages

- Serenity**..... \$135.00
Two hours of serenity and bliss. Enjoy a one hour Swedish Massage and a one hour European Spa Facial.
- Beach Beauty**..... \$125.00
Uncover the natural radiance of your skin with a Paradise Glow for the body, followed by 2 Tropix tanning sessions to be scheduled for the upcoming week along with a bottle of tan extender to bring home!
- End of the Day**..... \$110.00
A one hour Swedish Massage with a Spa Pedicure.
- Executive Decision**..... \$105.00
A one hour Swedish Massage with an Eye contour Treatment followed by a paradise glow foot treatment.
- A Quick Refresher**..... \$85.00
A one hour Swedish Massage with an Eye Contour Treatment.

Waxing Services

Your waxing service is personalized and customized to fit your needs. We take care of our clients with exceptionally sensitive skin.

Facial Waxing

- Brow \$12.00
Lip \$10.00
Lip & Brow \$20.00
Chin \$10.00
Full Face \$35.00

Body Waxing

Request our bikini waxing menu for specialty options.

- Classic Bikini \$35.00 - \$45.00
Specialty Bikini \$45.00 - \$80.00
Stomach \$10.00 - \$40.00
- Back Starting at \$40.00
Chest Starting at \$40.00
Lower Legs Starting at \$35.00
Upper Legs Starting at \$45.00
Full Legs Starting at \$65.00
- Lower Arms Starting at \$25.00
Upper Arms Starting at \$15.00
Full Arms Starting at \$35.00
Under Arms Starting at \$18.00

Makeup Services

- Traditional Makeup Application..... \$55.00
Add a trial for \$45 extra (purchased as a package for \$100)
- Airbrush Makeup Application \$80.00
Flawless ~ Natural ~ Long Lasting
Add a trial for \$70 extra (purchased as a package for \$150)
- Eyelash/Eyebrow Tinting Lash \$15.00
Brow \$20.00
Combination \$30.00

Hair Services

Experienced stylists work to create a unique and flattering look reflecting the personality and lifestyle of every individual.

Women's Haircut

Designer - \$30 Senior Designer - \$35 Master Designer - \$45

Men's Haircut

Designer - \$20 Senior Designer - \$25 Master Designer - \$35

Children (10 & Under)

Designer - \$16 Senior Designer - \$18 Master Designer - \$20

*Consultations are complimentary and welcomed!
Schedule your consult today.*

Styling

Shampoo and Blow Dry\$15.00
Shampoo and SetStarting at \$25.00
Classic Up-Styles.....Starting at \$45.00
Special Occasion.....Starting at \$65.00

Texture Services

Perms, Body Waves & RelaxersStarting at \$65.00

Fusion Hair Extensions

Partial...Starting at \$600.00 Full...Starting at \$800.00

Schedule your complimentary consultation today!

Color Treatments

Custom Color.....Starting at \$75.00
Retouch Color.....Starting at \$65.00
Accent Color.....Starting at \$65.00
Pt./Full HighlightsStarting at \$75.00

Chemical services do not include haircut.

Intensive Treatments for Problem Hair

Protein Treatment\$20.00
Moisture Treatment.....\$15.00
Protein & Moisture\$25.00
Aromatherapy Scalp Treatment & Massage
(15 Min).....\$20.00

Massage Therapy

Swedish Massage

30 mins - \$45 60 mins - \$65 90 mins - \$95

The benefits of Swedish massage include increased blood circulation, mental and physical relaxation, decreased stress, muscle tension and improved range of motion.

Deep Tissue/Sports Massage

30 mins - \$55 60 mins - \$75 90 mins - \$105

Uses a variety of modalities to work the deeper muscle layers. Designed to release chronic muscular tension & pain.

Healing "Aroma" Massage

60 minutes - \$80.00

All Healing Massages include: A personal bottle of essential oils for you to bring home to prolong the benefits. Choose from our list of alternative treatments.

Prenatal Massage

60 minutes - \$75.00

Side-lying Swedish Massage designed to relieve discomfort and fatigue while increasing circulation for the mother-to-be.

*Prohibited until after the first trimester.

Hot Stone Massage

45 mins back trt - \$55 60 mins - \$85 90 mins - \$115

Hot Stones are combined with Swedish Massage techniques to promote a deeper sense of relaxation.

Couples Massage

60 minutes - \$130 90 minute - \$190

A great way to spend an hour with a loved one! Experience our signature aromatherapy massage in your large private room side by side. AHHH! Beats dinner and a movie!

Add Ear Candling \$35.00
Add Aromatherapy \$5.00
Add Paradise Glow for the Feet \$25.00
Add Reflexology (30min-feet only) \$35.00
(45min-hand/feet) \$50.00

Facials

Mini Spa Facial

A relaxing cleanse, steam and facial massage.
30 minutes \$50.00

European Spa Facial

Consists of a skin analysis, cleansing, steam, gentle exfoliation and a healing masque selected for your skin type. Finishes with a relaxing shoulder and neck massage to help increase circulation.
45 minutes \$75.00
60 minutes \$85.00

Deluxe European Spa Facial

Relax from head to toes. Our 60 minute European Spa Facial combined with an Eye Contour Treatment and Paradise Glow for the feet.
75 minutes \$115.00

Men's Fitness Facial

Designed to meet the specific needs of men's skin which is challenged by irritations of daily shaving and structural differences. The treatment rebuilds, nourishes and conditions the skin's integrity.
30 minutes \$45.00

Teen Facial

Start teens off right with a good skin care regime that will continue into adulthood! Busy teenagers need a skin care routine that is easy and achievable. Includes analysis, deep pore cleansing, extractions, exfoliation and treatment masque. This facial includes a consultative approach to educate teens to properly care for their skin.
60 minutes \$75.00

Pure-Face Acne Treatment

A treatment for those who suffer with troubled skin. Designed to deep clean pores, kill bacteria and heal the skin.
60 minutes \$85.00

Rejuvenating Back Facial

Our back facial involves a deep pore cleansing and steam to lift impurities, followed by gentle extraction, and a specialized treatment mask. Exfoliates, hydrates, and tones the skin in this hard to reach area. Rebalances the skin and restores elasticity.
30 minutes \$50.00

Body Treatments

Aloe Herbal Slimming Wrap \$120.00

This wrap is designed to exfoliate, detoxify, tighten, tone and rehydrate your body guaranteeing you exceptional and lasting inch-loss. Plus your choice of an eye contour treatment or a scalp massage and an optional tanning session. 2-1/2 hours. Series of 6 sessions is \$660.00 (recommended for maximum cellulite reduction)

Aromatherapy Wrap \$80.00

Skin smoothing rehydration takes a fragrant approach. Therapeutic oils are applied to the body and you are then wrapped in cozy comfort. Unwind, renew and allow your senses to take your mind to the next level of relaxation.

Vita Body Sunrise Treatment.....\$85.00

A thoroughly refreshing full body exfoliant made with rock salt crystals and sweet lime fragrance. Then a complete rehydration with Vitamins A, C & E. Natural fruit extracts encourage the skin to a more youthful you!

Paradise Glow.....\$65.00

This special treatment is the beginning to a smoother, silkier body. An aromatic mixture of essential oils, aromatherapy oils and exfoliants are applied and massaged in circular motions to polish and refine your skin. 45 minutes.

Paradise Glow for the Feet\$25.00

We use dead sea salts to exfoliate, massage and moisturize your feet for a toe-tally rejuvenating experience. 15 minutes.

A la Carte Services

Eye Contour Treatment

This eye treatment is specifically designed to enhance the delicate skin around the eyes, which tend to get dry, dark and puffy. Softens wrinkles..... \$25.00

Ear Candling.....\$35.00

Reflexology (30min-feet only) \$35.00
(45min-hand/feet) \$50.00

Light Makeup Application.....\$25.00

Seated Massage (20 minute max).....per minute \$1.00